

THE PARENT CHILD CENTER OF RUTLAND COUNTY @ BRANDON FEBRUARY 4, 2022

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PANTRY SPOTLIGHT

Updated hours: 10:30 to 4:30 pm

Brandon is getting a facelift! Check us out as we build new relationships with local vendors and create variety bags available to take home at the tent. We are working on bringing more in of what you need!

If you need any support outside - these hours, contact us at (802) 247-8251.

Have some ideas? We would love to hear from you! Suggestions can be sent to info@rcpcc.org.



BRRRRRRRR

Although we are gettting through what we hope is the coldest part of winter, we are far from the end. Alas, we move onward. Take your time on the roads, dress in layers, and think like the



Vermonter you are (or have become!). This is a great time to remind everyone of carseat safety and young children. Those 5-point harnessess work best if they are snug against your kiddo, not snug against their fluffy coats. Consider carrying their jacket and bring a blanket instead.

Infants

We have a full house of friends! We would love to hear about what each child is learning about at home, since children at this age are learning on very different levels, and each on their own path. Let's work together to get them to the next stage! Share your milestones with Miss Jo and Miss Carlie!

Toddlers

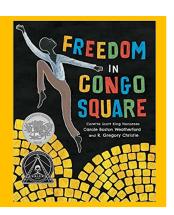
Our tots are joining Miss Libbie this month! We officially have a wait list for this age group, so let Miss Stephanie know if you have some friends who would like to join us.

Preschool

Miss Tedi joined us a few weeks ago, and we are over the moon to have her! With new kiddos joining weekly, this group is working hard on teaching new kiddos the routines they have developed with Miss Kelaura over the last several months. Routines are important these days, especially in a world of uncertainty. It helps center our emotions and feelings when we know what's coming. It is also reassuring when things do not go as planned, because fight or flight isn't kicking in all the time. Help us fight toxic stress in these kiddos by taking a peek at the lessons for the week, looking what's on the menu, and asking your child about what to expect for the day. It takes a village!

CELEBRATE BLACK HISTORY MONTH

From Amazon: As slaves relentlessly toiled in an unjust system in 19th century Louisiana, they all counted down the days until Sunday, when at least for half a day they were briefly able to congregate in Congo Square in New Orleans. Here they were free to set up an open market, sing, dance, and play music. They were free to forget their cares, their struggles, and their oppression. The story flows through the week, outlining in rhyming verse the slave's duties day by day, building to a release of joy and expression in Congo Square. Children can extend their experiences by tying in traditional song and dance. The story itself offers an introduction to the systemic inequalities of the world in a noncomplex way perfect for preschoolers.





The 7's Club

The 7's Club is an experiential outdoor program for 7th and 8th grade students designed to develop the transferable skills that enhance student academic performance, college and career readiness, life skills, speaking and listening skills, and social and emotional competence. The name evolved

from the sacred seven directions of indigenous culture (north, south, east & west - sky & earth and the seventh direction being the self and most important) and stands as a metaphor for our goal: "Reconnecting youth to their environment and themselves in unique and potent ways." Mr. Chris and Mr. Ray have been working closely with local middle and high schools to build a bridge for students to enjoy our expansive grounds while developing all the skills above. More information coming soon!

Strengthening Families: Social Connections

One of our goals at RCPCC is to support families by making them stronger. One way to do that is to encourage the creation of social connections. We used to make these more often pre-COVID, through birthday parties, at the park and playgroups. Now, we struggle to balance the work and kid life, while also keeping our youngest generation safe. We would like to start bringing you together again! Keep an eye out for opportunities to have some fun while engaging children in literacy, social and emotional activities. We would love



to hear what works best: early evenings or weekends? We may even try both! Talk to Stephanie!

Closures: Please mark your calendars for the following days we will be closed:

We will be **CLOSED Monday, February 21st** in observance of President's Day. We will also be **CLOSED Friday March 4**TH for staff in-service.

Reminders

THANK YOU FOR WEARING YOUR MASKS!

Winter Clothing: Please bring snow pants, boots <u>(as well as inside shoes!)</u>, gloves, hats and warm coats regularly. Itty bitties-we like to bring them outside too! Please pack accordingly!

Contact Info: If anything changes, make sure you let us know!

Thank you for all you do!

IF YOU NEED ANYTHING, CALL OUR MAIN LINE: (802) 247-8251

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